



KS5 Summer Career Resource Pack

To help keep you stimulated during this period and over the summer holidays, I would like to remind you that you have access to a wide range of materials to access via [Unifrog](#). You have been using this platform as part of your study periods in school.

I have also pulled together a list of interesting MOOCS (online learning courses) from [Future Learn](#) for you to look at and to take part in any that take your fancy! These are a really great way of expanding your knowledge, skills and placing additional information on your C.V. to help you to stand out to employers. It shows that you are motivated and committed with your learning, can organise your time productively and are proactive.

If nothing takes your fancy from what I have listed below, then why not have a look yourself and see what's on offer? <https://www.futurelearn.com/> .

A-level Study Boost: Unseen Poetry and the Creative Process

Discover effective techniques to analyse unseen poetry and learn about the creative writing process.

<https://www.futurelearn.com/courses/a-level-study-unseen-poetry>

How To Make A Poem

Learn how to 'make' your own poetry by exploring different poetic techniques and styles

<https://www.futurelearn.com/courses/how-to-make-a-poem>

An Introduction to Screenwriting

This online course explores the key concepts and fundamental principles involved in the process of screenwriting.

<https://www.futurelearn.com/courses/screenwriting>

Explore Filmmaking: from Script to Screen

Learn from award-winning filmmakers how films go from script to screen with this film production course from the BFI Film Academy.

<https://www.futurelearn.com/courses/explore-filmmaking>

Introduction to Production Design for Film and Screen

Explore the craft of Production Design with award-winning filmmakers and learn how it adds meaning and depth to screen stories.

<https://www.futurelearn.com/courses/production-design>

Explore Animation

Learn animation techniques, including stop motion, 2D, CGI and pixilation, with award-winning animators, in this NFTS course.

<https://www.futurelearn.com/courses/explore-animation>

Persistence of vision: how does animation work?

<https://www.futurelearn.com/courses/explore-animation/0/steps/12222>

Principles of animation

<https://www.futurelearn.com/courses/explore-animation/0/steps/12228>

What do we mean by cinematic story and form? Michael Lengsfeld starts by taking a broad look at screen stories. <https://www.futurelearn.com/courses/screenwriting/0/steps/10486>

Digital Skills: Social Media

Learn how to use social media for business, from creating a social media presence to measuring success.

<https://www.futurelearn.com/courses/digital-skills-social-media>

Electrical Engineering: Sensing, Powering and Controlling

Get a taste of an electrical engineering degree. Build your confidence in communicating ideas and using technical vocabulary.

<https://www.futurelearn.com/courses/electrical-engineering>

ABC of Flight Mechanics: How Do Planes Fly?

Discover how airplanes work and explore simple flight mechanics: from take-off and landing, to the physics of flight.

<https://www.futurelearn.com/courses/flight-mechanics>

The Science of Nuclear Energy

Discover the science behind nuclear energy and its role in energy provision in the past, present and future.

<https://www.futurelearn.com/courses/the-science-of-nuclear-energy>

Discovering Science: Atmospheric Chemistry

What can we learn about Earth, and other planets in and beyond our solar system, by studying their atmospheres?

<https://www.futurelearn.com/courses/discovering-science-atmospheric-chemistry>

Biochemistry: the Molecules of Life-

Explore the impact of biochemistry on bioenergy and health, discovering why graduates are in demand; with the Biochemical Society.

<https://www.futurelearn.com/courses/biochemistry>

Forensic Psychology: Witness Investigation

Discover how forensic psychology helps obtain evidence from eyewitnesses in police investigations and prevents cases of injustice

<https://www.futurelearn.com/courses/forensic-psychology> Starts on 13th July 2020

Incarceration: Are prisons a suitable punishment?

Explore life inside UK prisons. Learn whether this type of punishment reduces crime and if rehabilitation can prevent reoffending.

<https://www.futurelearn.com/courses/incarceration-prisons-suitable-punishment>

Sport for Sustainable Development: Designing Effective Policies and Programmes

Explore the ways in which sports can actively contribute to the advancements of the Sustainable Development Goals.

<https://www.futurelearn.com/courses/sport-for-sustainable-development>

How to Write Your First Song

Get a practical introduction to the mechanics of song writing and meet established songwriters with this free online course

<https://www.futurelearn.com/courses/songwriting>

The five elements of music

<https://www.futurelearn.com/courses/songwriting/0/steps/5711>

Looking inside a song <https://www.futurelearn.com/courses/songwriting/0/steps/5710>

Making Music with Others

Get an introduction to group music-making and the social contexts in which musicians participate. <https://www.futurelearn.com/courses/making-music>

English in Early Childhood: Language Learning and Development

Discover how very young children learn English as an additional language and how you can help them progress.

<https://www.futurelearn.com/courses/english-in-early-childhood>

Introduction to Nursing: The Role of Nurses Around the World

Understand the role of nurses: from personal care, to supporting families and communities, to public health and infection control. <https://www.futurelearn.com/courses/nursing> -

Check the dates for this- next one is the 3rd of August.

Care Home Nursing: Changing Perceptions

Challenge your opinion of what it's like to be a care home nurse and understand their importance and varied responsibilities.

<https://www.futurelearn.com/courses/nursing-care-homes>

Introduction to Nutrition and Food Safety

Learn the basics of nutrition and understand what foods can harm us.

<https://www.futurelearn.com/courses/nutrition-food-safety>

Mindfulness for Wellbeing and Peak Performance

Learn mindfulness techniques to reduce stress and improve your wellbeing and work/study performance in this online course.

<https://www.futurelearn.com/courses/mindfulness-wellbeing-performance>

How to Succeed at: Interviews

This free three week course provides the tools you need to succeed at interviews and land your dream job or course place. <https://www.futurelearn.com/courses/interviews>

What to wear at interview <https://www.futurelearn.com/courses/interviews/0/steps/5419>

Top video interviews As with telephone interviews, video interviews are becoming more popular with organisations and institutions as part of the recruitment process. <https://www.futurelearn.com/courses/interviews/0/steps/5430>

How to Succeed at: Writing Applications This free three week course will help you produce a perfect CV, application and online profile when applying for a job or course. <https://www.futurelearn.com/courses/writing-applications>

Use STAR Use the 'STAR' technique to help you structure your answer: <https://www.futurelearn.com/courses/writing-applications/0/steps/5405>

Improve your digital footprint: Social media offers great opportunities to develop your employability and many employers are now using it to find new recruits. Social media could play an important role in helping you find a job, therefore it's essential you know how to use it to your advantage. <https://www.futurelearn.com/courses/writing-applications/0/steps/5393>

Here are some other activities that you may wish to have a go at to help keep you engaged and stimulated 😊

The Big Guide to C.V Writing:

<https://targetjobs.co.uk/careers-advice/applications-and-cvs/667275-the-big-guide-to-cv-writing-make-our-template-your-own>

Observe GP : Observe GP is an alternative to work experience for aspiring medics aged 16 and over, who are living in the UK. It is a free interactive video platform providing insights into the role of a GP and the wider primary care team.

https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx?fbclid=IwAR1WFg9Q3UsJa1UzPbsQTWpdh--7p09kaEuxot8yK7bsxaKEAayUL_CCxpM

Virtual Work Experience: This course provides a 'virtual' work experience for those looking to apply to medical school. You will be introduced to the NHS before exploring the roles and skill sets of six different medical specialists. Along the way, you will also consider some of the challenges and wider issues doctors face.

<https://bsmsoutreach.thinkific.com/courses/VWE?fbclid=IwAR3YSZ1eECM6YN5XUHPo7SMkq0BfOrNoN7Ab-WYiOJwDWSnTsLwJNI7EADg>

Research what it is like to work for the NHS with REAL LIFE stories: research to help you gain a deeper insight into the work of different roles in the NHS to help with careers planning.

<https://www.stepintothenhhs.nhs.uk/careers/real-life-stories?fbclid=IwAR25QIAriW8YgjbqQCqEkVi3ZECKJ-2ieRt2vTXI2V1rZZPYh97rSjCQiw>

Explore different roles in the NHS: Subscribe to Health Careers on Youtube to see what the professionals say about their different roles:

<https://www.youtube.com/channel/UCxGgYSuq0XR0siPOJVq8trQ>

Investigate the abundance of jobs within The NHS: 350 Careers, One Future:

https://www.healthcareers.nhs.uk/career-planning/resources/350-careers-one-nhs-your-future-0?fbclid=IwAR1RFCzxGhG75GI0AsPMog3mGIRcKRLdRqZ-7juMoqdXSPk1QqJ_4SrpJHQ

Virtual Work Experience: Freeformers Virtual Work Experience gives you a unique opportunity to gain work experience in a company that you might not normally get access to while highlighting the essential skills you might need. You'll get to see the inner workings of Freeformers, a 'digital transformation' agency, and actively work with different departments on one exciting project, helping them solve problems and complete real-life tasks.

https://barclayslifeskills.com/i-want-virtual-work-experience/school/virtual-work-experience/?fbclid=IwAR1RFCzxGhG75GI0AsPMog3mGIRcKRLdRqZ-7juMoqdXSPk1QqJ_4SrpJHQ

Virtual Work Experience for Law Students: https://www.thelawyerportal.com/free-guides/law-work-experience/virtual-work-experience-for-law-students/?fbclid=IwAR1RFCzxGhG75GI0AsPMog3mGIRcKRLdRqZ-7juMoqdXSPk1QqJ_4SrpJHQ

[https://www.insidesherpa.com/virtual-internships/prototype/HECBn5zqCvBpAXitG/White-&-Case-UK-Programme?utm_source=social&utm_medium=\(organic\)&utm_term=&utm_content=&utm_campaign=](https://www.insidesherpa.com/virtual-internships/prototype/HECBn5zqCvBpAXitG/White-&-Case-UK-Programme?utm_source=social&utm_medium=(organic)&utm_term=&utm_content=&utm_campaign=)

Virtual work Experience for students interested in Architecture and Design:
<https://workexperience.hfm.co.uk/>

Look into the different ways of finding job vacancies: <https://nationalcareers.service.gov.uk/get-a-job/advertised-job-vacancies#newspapers>

Research how to find a job by Networking: <https://nationalcareers.service.gov.uk/get-a-job/networking>

Interview Advice: <https://nationalcareers.service.gov.uk/get-a-job/interview-advice>

How to answer common interview questions: <https://nationalcareers.service.gov.uk/get-a-job/top-10-interview-questions>

Check out LearnLive UK for an abundance of information videos and live events from different industries and careers: <https://learnliveuk.com/channel/>

Research Higher and Degree Apprenticeships:
<https://www.gov.uk/government/publications/higher-and-degree-apprenticeships>

Take a look at and download The Young Professionals APP everything you need to find an apprenticeship or work experience scheme, all in one place. <https://young-professionals.uk/>

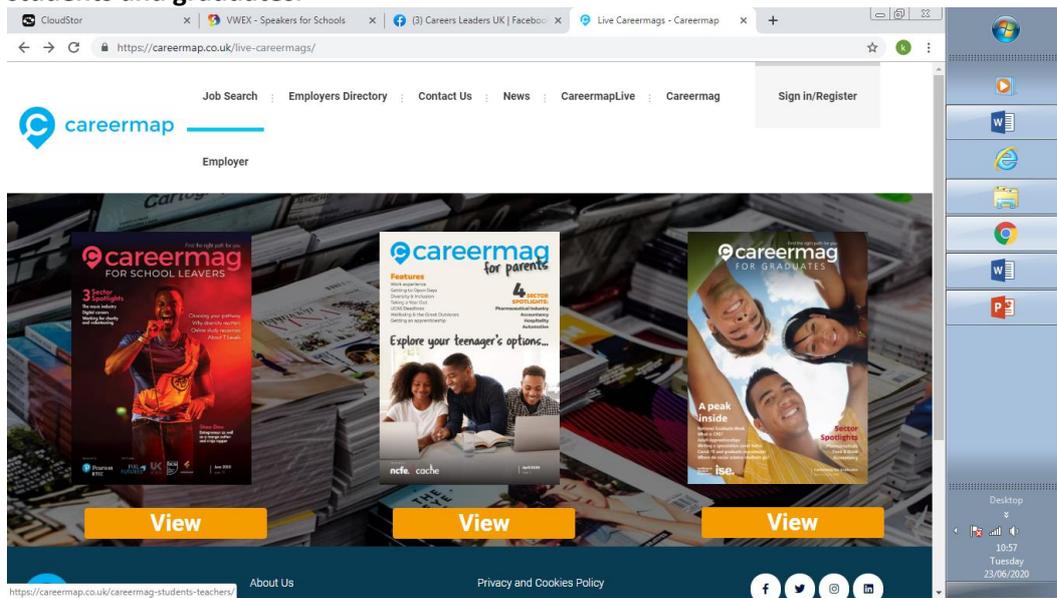
Look at the Youth Employment UK website and become a Young Professional to get support and boost your employability skills: <https://www.youthemployment.org.uk/young-professional-training/>

Check out Careers Badge: videos on Youtube providing an insight into some different careers
https://www.youtube.com/channel/UCqEC5PXz1nEOKllczXkFSQ?view_as=subscriber&fbclid=IwAR0c5pwaR70xcC4L2oO6v46gtMZVprswONZktnp0Bczu_qy298PwW9G9O0Y

Go to The Oak Academy and complete their work experience videos giving you important information on employability skills and how to market yourself, project planning, HR and Recruitment: <https://classroom.thenational.academy/year-groups/year-10/work-experience>

Fancy Journalism as a career? Piers Morgan welcomes launch of NCTJ virtual summer school:
<https://www.nctj.com/latestnews/piers-morgan-welcomes-launch-of-nctj-summer-school>

Sign up to Career Map and take advantage of their free careers magazine: suitable for parents, students and graduates.



https://careemap.co.uk/subscribe-to-careemag/?fbclid=IwAR3O4dmP9PvKegNcbmmNJBWxiSIZsQP7Bi6HOnxS0zuFqPJU5Nde_q8S5A

Ten skills you might not know you had <https://www.bbc.co.uk/bitesize/articles/zfpxt39>

Students interested in anatomy, biology and maybe thinking of medicine. They have some online free live sessions every Tuesday and Thursday at 10.00a.m

https://www.premedprojects.co.uk/premed-projects-live-tv?fbclid=IwAR2H9h_lpVvPhGq71y68G8t5XMUekQhZ19JTU_5SlaZH5q78VJlwyHv1Pg0

The Nine to Five with Stacey Dooley: Advice and Stories from Stacey Dooley and five 16-18 year olds on the ultimate work experience: <https://www.bbc.co.uk/iplayer/episodes/p06zhf9j/the-nine-to-five-with-stacey-dooley>

<https://www.bbc.co.uk/bitesize/articles/zkgbhbkc>

The Nine to Five with Stacey Dooley



The low-down on apprenticeships <https://www.bbc.co.uk/bitesize/articles/z4n7kmm>

What is a degree apprenticeship and is it right for me?

<https://www.bbc.co.uk/bitesize/articles/z7mrf4j>

Four jobs that could save the planet <https://www.bbc.co.uk/bitesize/articles/zm63xyc>

Do some research on careers, assess your skills: <https://nationalcareers.service.gov.uk/>

Getting a job in production: <https://www.bbc.co.uk/careers/help/getting-a-job-in-production>

Look into different jobs within the creative careers sector:

<https://discovercreative.careers/#/>

There's a career for you in the creative industries

I want a creative careers what are my options?

<https://targetcareers.co.uk/careers-advice/choosing-your-career/313433-i-want-a-creative-career-what-are-my-options>

Everything Hair and Beauty: <https://www.hairandbeautyjobs.com/careers/job-profiles/>

<https://www.youthemployment.org.uk/careers-hub-sector/hair-and-beauty/>

Have a listen to some podcasts and keep up-to-date with the new podcasts covering career related topics:

<https://anchor.fm/amy-b13>

<https://anchor.fm/apprentice-talks>

Capgemini have created a mock digital interview for students. Digital Interviews are the norm for at least the initial stages of recruitment so this is a chance for the students to check it out and see what its like. <https://capgemini.hirevue.com/signup/j23gtr78S5GSvJv4L66ch/>

Rhod Gilbert's Work Experience Nine Series of work experience placements explored by Rhod Gilbert. Over 30 career areas to chose from including fighter pilot, zookeeper, builder, Journalist, Hairdresser, care worker and many more. You can select the episode of interest by clicking on the picture above. <https://www.bbc.co.uk/programmes/b00zf3m1>

Don't forgot to browse Eventbrite for free webinars on a variety of career-related topics by entering key words in the search bar: <https://www.eventbrite.co.uk/>

Uptree are great: <https://www.eventbrite.co.uk/d/online/free--family-and-education--events/uptree/?page=1>

UCAS information and guidance: <https://www.eventbrite.co.uk/d/online/free--family-and-education--events/ucas/?page=1>

Considering University? Visit the UCAS website to find links to virtual open days and information to support you with your application <https://www.ucas.com/undergraduate/what-and-where-study/events-and-open-days>

Not sure of what your career could be?

<https://www.ucas.com/careers/buzz-quiz>

<https://www.prospects.ac.uk/job-profiles>

Free courses from Open Learn that may take your fancy and be an additional success to your C.V

<https://www.open.edu/openlearn/free-courses/full-catalogue>

Start planning your career – download the resource pack and complete the 8 week course to help you assess your skills and plan your next steps:

<https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=20018>

<https://www.goconstruct.org/> Careers in construction

<http://www.skillsforcare.org.uk> Careers in care

<https://www.lantra.co.uk/> Careers with animals, plants and the environment

<https://www.thetechpartnership.com/> The IT sector

<http://www.futuremorph.org/> Science, technology, engineering and maths careers

<https://tomorrowseengineers.org.uk/> Engineering careers

<http://www.sciencecareerpathways.com/home/> Science careers

<https://ccskills.org.uk/careers> Creative careers

<https://creativeskillset.org/> Screen based careers (tv, film, digital)

<http://careers-in-business.com/> Business careers

<https://www.lawcareers.net/solicitors/workplacementSchemes> Careers in law

<https://motorsport.nda.ac.uk/> Careers in motorsport

<https://www.airbus.com/> Careers in Aerospace

Careers in the RAF:

https://www.raf.mod.uk/recruitment/find-your-role?gclid=Cj0KCQjw0Mb3BRCaARIsAPsNGpXJ970rd-U-Ltsju1onidDvY0Lfg8Ar1mWVkmv46o9xGKw5CRVO7owaAkfKEALw_wcB

Careers in the army:

<https://apply.army.mod.uk/base>

https://apply.army.mod.uk/how-to-join/entryoptions/soldier-junior-entry?gclid=Cj0KCQjw0Mb3BRCaARIsAPSNgpVZzAbHfQ6dTHXCdWdFiNbd4aP11F2fXNA0yM_EhqQCmU3Om74zAeAaAvtLEALw_wcB&cid=semp2556812476&utm_medium=PaidSearch&utm_source=Google&utm_campaign=BLG18-JuniorEntry&utm_content=TextAd-College&ef_id=Cj0KCQjw0Mb3BRCaARIsAPSNgpVZzAbHfQ6dTHXCdWdFiNbd4aP11F2fXNA0yM_EhqQCmU3Om74zAeAaAvtLEALw_wcB:G:s&s_kwcid=AL!8141!3!357790206956!e!!g!!harrogate%20army%20college&gclid=aw.ds

Great website for automotive industry : <http://www.autocity.org.uk/>

Applying For An Apprenticeship: A Cheat Sheet<https://creativealliance.org.uk/applying-for-anapprenticeship-a-cheat-sheet/>

ITV work experience explained- <http://www.itvjobs.com/denied/work-experience/>

Building Engineering Services Association Training (BESA Training) is the main apprenticeship training provider for the Building Services Engineering sector which covers heating and ventilating, air conditioning, refrigeration and electro-technical industries. <https://www.thebesa.com/training>

Engineering Construction Industry Training Board (ECITB) for craft and technician apprenticeships in engineering construction, from welding to electrical and mechanical maintenance. Visit their main site or **Engineering Construction Careers**, their careers website. <https://www.ecitb.org.uk/apprenticeships-careers/>

Become a Plumber is the plumbing apprenticeships website of the trade association <http://www.becomeaplumber.com/>

For those interested in the police force:

<https://recruit.college.police.uk/Pages/home.aspx>

<https://recruit.college.police.uk/Pages/home.aspx>

<https://www.joiningthepolice.co.uk/>

<https://www.westyorkshire.police.uk/jobs-volunteer/police-officers/police-officers>

<https://www.leedstrinity.ac.uk/media/site-assets/documents/jag-conference/police-apprenticeships-presentation.pdf>

<https://www.theuniguide.co.uk/leeds-trinity-university-l24/courses/professional-policing-ba-hons-2020-0cef7b84842d>

The 20 Best Careers in Hospitality <https://www.careeraddict.com/hospitality-jobs>

SideQuest is a new initiative for 13-19-year-olds to learn a range of key practical and workplace skills during lockdown through designing and building videogames. The scheme is set up by the youth games career service, Into Games and the national trade body, UKIE. Participants will be able to take part remotely, with free software, curriculum mapped worksheets, online tutorials and a community of fellow game builders on the social platforms Twitch and Discord.

Those that take part will have to build a game from scratch in 7 days to a theme set by a well-known UK games studio, during the week, industry professionals will stream masterclasses, tips and careers advice, offering a creative way to develop students understanding about careers in the sector

<https://www.sidequest.org.uk/>

Enjoy using the pack, hopefully there is something for you!
Remember, should you need any support or guidance with anything linked to careers please contact me a.watts@qphs.co.uk

Mrs Watts 😊